



# A MOMENT IN TIME: LET'S LEARN, LAUGH, PLAY AND PRAY!™

## ACTIVITY CALENDAR FOR MAY

Each week supplement with Mind, Body and Soul and other fun and engaging ideas

Week #	Color of the Week	Theme of the Week	Adventures, Arts and Crafts, Recipes, and Word Games	Links for Learning, Music and More
1	Silver Green, White & Red (Mexican Flag)	Space Day May 4  Cinco de Mayo May 5	<ul style="list-style-type: none"> <li>• Astronomy Quiz</li> <li>• Starry Night Quotes</li> <li>• Milky Way Quiz</li> <li>• Space Word Search</li> <li>• Color and Decorate DIY Maracas - use to the beat of the music video in the next column</li> <li>• <a href="#">Visit this link for Mexican Food Recipes</a></li> <li>• Mexican Word Search</li> <li>• Mexican Quiz</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">The Universe - The Constellations - History</a></li> <li>• On a warm, clear night, safely go outside with another person and do some stargazing. How many constellations can you name and find?</li> <li>• <a href="#">The History of Cinco de Mayo</a></li> <li>• <a href="#">Happy Traditional Mexican Music - Mariachi Band</a></li> <li>• How many words can you make out of guacamole?</li> <li>• <a href="#">Visit our own Mind, Make Words</a></li> <li>• Hola! Do you know any words in Spanish?</li> <li>• <a href="#">Top 10 Cool and Common Spanish Words</a></li> </ul>
2	Pink	Mother's Day • May 9	<ul style="list-style-type: none"> <li>• Make your Queen for a Day Crown</li> <li>• Mother's Day Quiz</li> <li>• Mother's Day Word Search</li> <li>• Color by Numbers Flowers</li> <li>• Nursery Rhymes Quiz</li> </ul>	<ul style="list-style-type: none"> <li>• What is your best memory of your mom? What did you love best about being a mom? What are some of the funniest things your children ever said to you when they were growing up? If you don't have your own children, tell me about those you mothered. Did you work outside the home? How did you balance both? What advice would you give younger mothers today?</li> </ul>
3	You Choose!	Cannes Film Festival May 22	<ul style="list-style-type: none"> <li>• Famous Movie Quotes Quiz</li> <li>• Classic Hollywood Movies Quiz</li> <li>• Oscar Winning Movies Crossword Puzzle</li> <li>• Enjoy your complimentary Hollywood Deck of Playing Cards</li> </ul>	<ul style="list-style-type: none"> <li>• What are your three (3) all-time favorite movies and why? Best Romance? Best Romantic Comedy? Adventure? Thriller? Holiday Classic? What is the first movie you went to see as a child? How much was a movie ticket? Did you ever go to a drive-in movie theater? Tell me more!</li> </ul>
4	Green	World Turtle Day • May 23	<ul style="list-style-type: none"> <li>• Magic Color Scratch Turtles</li> <li>• Amazing Facts About Sea Turtles</li> <li>• Turtle Trivia</li> <li>• Turtle Word Search</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Sea Turtles 101 - Learn About Them!</a></li> <li>• <a href="#">Giant Sea Turtles - Peaceful and Relaxing Video</a></li> </ul>
5	Red, White & Blue	Memorial Day • May 31	<ul style="list-style-type: none"> <li>• Craft Stick American Flag Banner</li> <li>• Go to see a local parade - check your local newspaper</li> <li>• Memorial Day Word Search Puzzle</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">The History of Memorial Day?</a></li> <li>• <a href="#">Memorial Day Parade Music</a></li> <li>• What does Memorial Day mean to you? Did you or do you know anyone who served in the US Military? Tell me more! Did you ever march in a parade?</li> </ul>



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### HOLIDAYS

May Day • Cinco de Mayo • National Teacher Day • Mothers Day • Victoria Day • Memorial Day • National Physical Fitness and Sports Month • Asian American Heritage Month • Jewish American Heritage Month • Skin Cancer Awareness Month • National Bike Month

### SYMBOLS OF MAY

Birthstone: Emerald - Flower: Lily of the Valley

### HISTORY

The month of May was named for the Greek goddess Maia. She was the goddess of fertility. The Romans had a similar goddess named Bona Dea. They held the festival for Bona Dea during the month of May. The Romans called the month Maius. The name changed over the years. It was first called May in the 1400s near the end of the Middle Ages.

### FUN FACTS ABOUT MAY

- It is the third and last month of the season of spring.
- The birthstone of May, the emerald, symbolizes success and love.
- May was once considered a bad luck month to get married. There is a poem that says "Marry in May and you'll rue the day".
- In Old English May is called the "month of three milkings" referring to a time when the cows could be milked three times a day.
- The Indianapolis 500 car race is held each year during this month. The Kentucky Derby, the world's most famous horse race, is also held on the second Saturday of this month.
- The month of May is devoted to the Virgin Mary in the Catholic Church.
- The last week of May is Library and Information Week.