



GAMES GALORE

The key to successful gaming with people with dementia is knowing your client's cognitive and physical abilities and modifying accordingly so there are "failure free" outcomes in a stress-free environment.

While every game has rules, if you ever wanted to be a rule breaker deep down, now is the time. Adjust the rules to your client's level of skill so they can feel good about themselves while being engaged and having fun. For example, when playing Bingo, observe your client's card and be sure to call their numbers and assist them with chip placement.

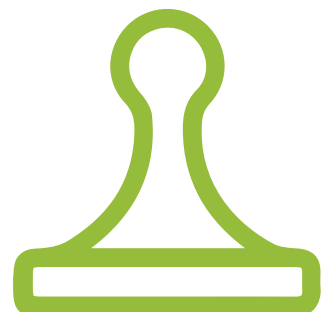
People with dementia respond well to games with colorful pieces and game pieces that they can manipulate easily in their hands. For example, you may want to use large playing cards. Offer games your client is familiar with from their childhood or playing with their children to put them at ease and build confidence.

Avoid complex games that can cause confusion, physically taxing games like Twister, time sensitive games that can cause stress and new games with technical components. While your client today may be able to play Scrabble, as the disease progresses, tomorrow that may change.

While it is your responsibility to find appropriate games for your client, it will be well worth the effort. Playing games will provide an important source of relaxation, socialization, and mental stimulation. It helps with coordination, dexterity, and fosters cooperation. And gaming will provide more to talk about for those conversation lulls.

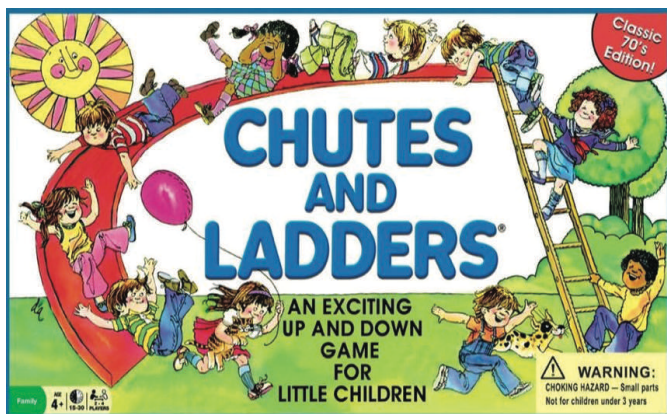
**A MOMENT IN TIME:
LET'S LEARN, LAUGH, PLAY AND PRAY!**

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GAMES GALORE

Bingo • Candy Land • Cards • Checkers
Chutes and Ladders • Dominoes



GAMES GALORE

Jenga • Puzzles • Qwirkle • Scrabble • Trouble • Uno

