



SING-ALONGS AND MORE!

Singing offers many benefits for the body and soul. Many tunes from different decades can take your client to a different time in their life. You might be amazed what your client shares from what pops into their head after hearing a tune that was released while they were in their 20s or 30s!

Musical memories are often preserved through Alzheimer's disease and different forms of dementia simply because the disease doesn't affect the areas of the brain where musical memories are stored.

As you get to know your client, you may find music to be a simple and effective way to redirect and calm them down as well. Singing has been proven to be very soothing to those with dementia. It also helps with anxiety too!

This activity includes:

Sing-alongs to Traditional American Songs with Lyrics

Vintage Television Clips with Famous
Musical Artists from the 1940s, 50s, 60s, and 70s

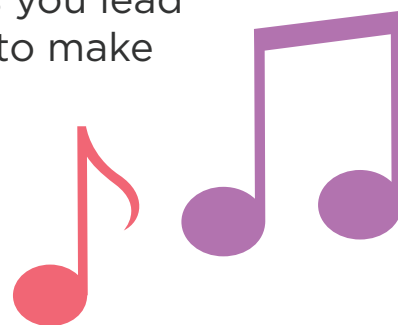
Albums by Musical Artists

Making Homemade Musical Instruments

Some people respond better singing while others may prefer to simply listen; beat a drum or shake a tambourine. Either way, we hope this activity brings hours of enjoyment as you lead your client through decades of musical memories to make them smile.

**A MOMENT IN TIME:
LET'S LEARN, LAUGH, PLAY AND PRAY!**

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SING-ALONGS AND MORE!

SING-ALONGS - TRADITIONAL AMERICAN SONGS

Billy Boy Billy Boy

By the Light of the Silvery Moon

Carolina in the Morning with Mitch Miller

Happy Days are Here Again with Mitch Miller

He's Got the Whole World in His Hands

Home on the Range

Hush Little Baby Don't You Cry

I've Been Working on the Railroad

Michael Row the Boat Ashore

Oh My Darling

Oh Susana

On Top of Old Smokey

She'll Be Coming Around the Mountain

Swing Low Sweet Chariot

Take Me Out to the Ballgame

Twinkle Twinkle Little Star

Yankee Doodle Dandy

You Are My Sunshine

SING-ALONGS AND MORE!

TELEVISION CLIPS WITH YOUR FAVORITE MUSICAL ARTISTS FROM THE 1940s, 50s, 60s, AND 70s

1940s

Andrews Sisters - "Boogie Woogie Bugle Boy"

Artie Shaw - "Begin the Beguine"

Benny Goodman - "Sing, Sing, Sing"

Glen Miller Band - "Chattanooga Choo Choo"

Glen Miller Orchestra - "In the Mood"

1950s

Bill Haley & His Comets - "Rock Around The Clock"

Bobby Darin - "Beyond the Sea"

Bobby Darin - "Dream Lover"

Bobby Darin - "Mack the Knife"

Elvis Presley - "Don't Be Cruel"

Elvis Presley - "Hound Dog"

Elvis Presley - "Jailhouse Rock"

Gene Kelly - "Singing in the Rain"

Glen Miller - "In The Mood"

Little Anthony - "Tears on My Pillow"

Paul Anka - "Diana"

SING-ALONGS AND MORE!

The Chordettes - "Lollipop" & "Mr. Sandman"

The 20 Greatest Doo-Wop Songs (1953-1964)

Best Songs of the 1950s (1953-1957)

Every Billboard Hot 100 #1 Hit (1955-1959)

Top 10 Decade Defining Songs: 1950s

1960s

Bobby Pickett "Monster Mash"

Louis Armstrong - "Hello Dolly"

Louis Armstrong - "What a Wonderful World"

Martha and the Vandelles - "Dancing in the Street"

Neil Sedaka - "Happy Birthday Sweet Sixteen"

Ray Charles - "Hit the Road Jack on Saturday"

Sinatra and Elvis Presley Duet

Supremes - "Where Did My Love Go"

The Drifters - "Save the Last Dance for Me"

The Ronettes - "Be My Baby"

Tom Jones - "I'll Never Fall In Love Again"

Top 10 Decade Defining Songs: 1960s

Top 50 Greatest Songs 1960-1969

SING-ALONGS AND MORE!

1970s

[Frank Sinatra - "My Way "](#)

[Vintage songs of the 40s, 50s, 60s and 70's](#)

ALBUMS BY MUSICAL ARTISTS

[Billie Holiday - The Best of](#)

[Bing Crosby Greatest Hits](#)

[Carpenters Greatest Hits Collection Full Album](#)

[Dean Martin Greatest Hits](#)

[Doris Day - All the Best](#)

[Ella Fitzgerald - The Best Vocal Jazz](#)

[Elvis Presley Top 50 Greatest Love Songs of All Time](#)

[Frank Sinatra Greatest Hits](#)

[Johnny Cash Greatest Hits](#)

[Johnny Mathis - Reordered Live In Vegas 1972](#)

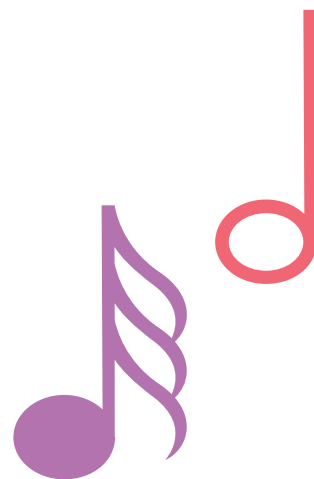
[Louie Armstrong - The Best of](#)

[Nat King Cole Greatest Hits Full Album](#)

[Ray Charles Greatest Hits](#)

[The Beatles Greatest Hits Full Album](#)

[Tony Bennett Greatest Hits](#)



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MAKING HOMEMADE MUSICAL INSTRUMENTS

There are many household items in our homes that can easily be turned into simple homemade instruments. On top of putting your own engineering hat on, this is a great way to work your client's creative part of the brain.

So clap, hum, sing and toe tap because this band is getting back together! If you're ever looking to "spice up the moment", try making some instruments to play along with those Sing-Along tunes!



SING-ALONGS AND MORE!

MAKE A DRUM

Simply, use a pot and spoon or...



MAKE A TIN CAN DRUM

MAKE CYMBALS

Smash pan lids together.



SING-ALONGS AND MORE!



MAKE A SENSORY RAIN STICK

MAKE A SHAKER



How to Play the Shaker



MAKE MARACAS



How to Play the Maracas

SING-ALONGS AND MORE!

MAKE A TAMBOURINE

