





A MOMENT IN TIME: LET'S LEARN, LAUGH, PLAY AND PRAY!TM

ACTIVITY CALENDAR FOR MARCH

WEEK	THEME OF THE WEEK	SUGGESTED ACTIVITIES
1	 <p>World Day of Prayer, March 4</p>	<ul style="list-style-type: none"> • History of World Prayer • Christian-Judeo Prayers • Prayers from Your Youth – reminisce about the prayers your mother or grandmother taught you as a child that you shared with your kids or grandkids. • Discussion Questions: Tell me about a time that God answered your prayer in: a big way? a small way? an unexpected but better than ever way? What can you pray for today: world hunger? world peace? your family and friends? yourself? • Let's Pray!
2	 <p>National Tools Day, March 11</p>	<ul style="list-style-type: none"> • History of National Tools Day • Clean your tools (linseed oil will prolong the life of wooden handles); organize your tools; store power tools in their original cases to protect from humidity and dust; use them and build something; give away those tools you don't use anymore and bless another • "If I Had a Hammer" Crossword Puzzle • Visit our own For Men Only • Visit our own Memory Lane 50s - Appliance
3	 <p>St. Patrick's Day, March 17</p>	<ul style="list-style-type: none"> • History of St. Patrick's Day • Name three (3) facts you learned about St. Patrick from watching the above video • Happy St. Patrick's Day Word Search * Top of the Morning to You! Word Unscramble * 10 Gaelic Words Quiz • Make a St. Patrick's Day craft • Attend a local St. Patrick's Day Parade or watch one on TV • Buy or bake Irish Soda Bread • Buy or make Corned Beef and Cabbage
4	 <p>Spring is Here, March 20</p>	<ul style="list-style-type: none"> • Visit our own Just Breathe - Spring • How many flowers can you name from A to Z? – Visit our own Mind, Name Flowers A-Z • Spring is Here Word Search • Visit our own The Great Outdoors - Get out of the house after a long winter • Go for a walk outside and look for crocuses • Make Spring craft • Do some spring cleaning (sorry, we don't do windows!): declutter and donate items to charity

HELPFUL HINTS FOR THE CAREGIVER

Get the most out of each week's activities with helpful hints and tips below.

TIP 1

The clickable dark bullets are links for learning, story time, music, recipes, crafts, and activities. If you aren't clicking these links, you are missing out!

- 1) Go to our website at www.alwaysanangelhomecare.com
- 2) Click **A MOMENT IN TIME** and scroll down to Activity Calendars to select the current month.
- 3) From there, click the links under each week's activities.
- 4) Learn, read, sing, cook, make, do!



TIP 4

FOR THE VISUALLY IMPAIRED – difficulty seeing

If your client can't see the reading material, read it to them.

Word Searches: Forget about the word search and lead a discussion about the words in the box:

- What does that word mean? Can you define it?
- Is it a noun, verb, adjective or adverb?
- How does that word relate to the topic?
- What other thoughts come to mind when you hear that word?

Crossword Puzzles, Birthdays Trivia, and Other Word Games: You ask the questions and write in your client's answers.

It's easier for your client to see the clickable links on an iPad rather than a cell phone. If your client doesn't have an iPad, talk with the office or family directly about getting one. A desktop or laptop computer works well too.

TIP 2



Visit the clickable links yourself first. Determine what is appropriate for your client.

FOR THE HEARING IMPAIRED – difficulty hearing

Many of the clickable links can be read. Encourage your client to read the material. Other links are very visual with few words. If needed, pause the video to allow your client to finish reading the text.

TIP 5

TIP 6

Check out the other 24 activities online:

Mind, Body, Soul, 100 Questions, All About Me, Art 101, Bible Stories, Coloring, Count Your Blessings, For Men Only, Games Galore, Household Chores, It's Your Party, Just Breathe, Knit Happens, Let It Snow, Memory Lane – 1950s, Car Games, Reading, Sensory Therapy, Sing-Alongs, The Great Outdoors, Virtual Visits, Wanna Be A Wise Guy

