







A MOMENT IN TIME: LET'S LEARN, LAUGH, PLAY AND PRAY!™ ACTIVITY CALENDAR FOR JANUARY

WEEK	THEME OF THE WEEK		SUGGESTED ACTIVITIES
1	 	<p>National Hot Tea Day Jan 1</p> <p>National Thank You Month</p>	<ul style="list-style-type: none"> • Read 10 Little-Known Facts About Tea • A Collection of Quotes About Tea • Now That's My Cup of Tea! Word Unscramble • Visit our own It's Your Party – Most Elegant Tea Party • Have a Tea Party • Write a thank you note to someone who has done something for you either recently or in your life • Visit our own Count Your Blessings - make a journal entry • Discussion Questions: What is one of the nicest things someone has done for you? Why did it leave a mark on your heart? How can you be a blessing to another?
2	 	<p>Epiphany Jan 6</p> <p>Elvis Presley's Birthday Jan 8</p>	<ul style="list-style-type: none"> • What is the Epiphany? • Epiphany House Blessing • The Life and Career of Elvis Presley • Elvis Presley Song List Quiz • Elvis Presley Movies Crossword Puzzle • Watch an Elvis movie • Visit our own Sing-Alongs – Television clips with your favorite musical artists - 1950s • Discussion Questions: What was the name of Elvis' house? Was Elvis in the army or navy? What was his wife's name? What is special about Elvis to you? What is your favorite movie and song? Sing that song together now.
3		<p>National Soup Month</p>	<ul style="list-style-type: none"> • Read Online Cookbook - 35 Comforting Winter Soups and Stews to Warm you Up! • Choose a recipe from the above cookbook and make the soup together • Country Kitchen Charm Coloring Page
4		<p>The Mitten</p>	<ul style="list-style-type: none"> • Read Online Storytime: The Mitten by Jan Brett • Let's Draw a Mitten • Visit our own Knit Happens to learn how to crochet or knit • Discussion Questions: Do you crochet or knit? What items have you made: mittens? hats? scarves? sweaters? baby blankets? How old were you when you learned to crochet or knit? Who taught you? 

HELPFUL HINTS FOR THE CAREGIVER

Get the most out of each week's activities with helpful hints and tips below.

TIP 1

The clickable dark bullets are links for learning, story time, music, recipes, crafts, and activities. If you aren't clicking these links, you are missing out!

- 1) Go to our website at www.alwaysanangelhomecare.com
- 2) Click **A MOMENT IN TIME** and scroll down to Activity Calendars to select the current month.
- 3) From there, click the links under each week's activities.
- 4) Learn, read, sing, cook, make, do!



It's easier for your client to see the clickable links on an iPad rather than a cell phone. If your client doesn't have an iPad, talk with the office or family directly about getting one. A desktop or laptop computer works well too.

TIP 2



TIP 3

Visit the clickable links yourself first. Determine what is appropriate for your client.

TIP 4

FOR THE VISUALLY IMPAIRED – difficulty seeing

If your client can't see the reading material, read it to them.

Word Searches: Forget about the word search and lead a discussion about the words in the box:

- What does that word mean? Can you define it?
- Is it a noun, verb, adjective or adverb?
- How does that word relate to the topic?
- What other thoughts come to mind when you hear that word?

Crossword Puzzles, Birthdays Trivia, and Other Word Games: You ask the questions and write in your client's answers.

FOR THE HEARING IMPAIRED
– difficulty hearing

Many of the clickable links can be read. Encourage your client to read the material. Other links are very visual with few words. If needed, pause the video to allow your client to finish reading the text.

TIP 5

TIP 6

Check out the other 24 activities online:

Mind, Body, Soul, 100 Questions, All About Me, Art 101, Bible Stories, Coloring, Count Your Blessings, For Men Only, Games Galore, Household Chores, It's Your Party, Just Breathe, Knit Happens, Let It Snow, Memory Lane – 1950s, Car Games, Reading, Sensory Therapy, Sing-Alongs, The Great Outdoors, Virtual Visits, Wanna Be A Wise Guy

