






A MOMENT IN TIME: LET'S LEARN, LAUGH, PLAY AND PRAY!TM ACTIVITY CALENDAR FOR JUNE

| WEEK | THEME OF THE WEEK | SUGGESTED ACTIVITIES |
|------|---|--|
| 1 |  <p>National Rose Month</p> | <ul style="list-style-type: none"> • 7 Rose Color Meanings You Should Know • Make tissue paper roses • Visit your local nursery, gardening center, or florist of your supermarket. Buy a dozen roses and arrange in a vase. Even a single rose is special. • A Rose is a Rose is a Rose Word Unscramble • Read together and discuss 72 Quotes about Roses: Life, Love and Thorns • Discussion Questions: What is your favorite flower? Do you like roses? What is your favorite color rose? Did you ever grow roses? What type and color? Any gardening hints? Did you belong to a garden club? Did you ever receive or send a dozen long stemmed roses? Tell me more! |
| 2 |  <p>June Brides</p> | <ul style="list-style-type: none"> • History of the Wedding Dress • Here Comes the Bride Word Search • Go to the library and look at bridal magazines or Google current wedding dress trends. • Look at your wedding album together and share what you remember about the day. • Discussion Questions: How did you meet your spouse? Share about your marriage proposal. What month did you get married? What was your wedding gown like? What flowers were in your bouquet? Did you have a church/temple ceremony? Where was your reception? Did you go on a honeymoon? Tell me more! |
| 3 |  <p>Flag Day, June 14</p> | <ul style="list-style-type: none"> • The History of the American Flag - Who is Betsy Ross? • 21 Facts About the American Flag and the Meaning Behind the 13 Folds of the American Flag • Watch Can you Name the Flags Around the World • Check out How to Make a Flag • Make a Family Flag which represents your family using paper and markers or an old pillowcase and fabric markers. Share at your next family gathering or holiday. Here are some questions to help you get started: family members? family traditions? annual family vacations? favorite holidays? what's special about your family? |
| 4 |  <p>Father's Day</p>  <p>Summer</p> | <ul style="list-style-type: none"> • Listen to the Father's Love Letter • Read the Father's Love Letter • Our Father Who Art in Heaven Word Search • Make Father's Day craft for that special man in your life (husband, son, son-in-law, grandson, or super of your building!) • Father's Day TV Quiz • Discussion Questions: What is your fondest memory of an influential male role model in your life (dad, grandfather, uncle, teacher, etc.)? Name your favorite quality of your children's father. What endearing qualities does your son(s) possess in raising his children? What makes him a good father? • Visit our own Just Breathe - Seasonal - Summer Memories • Summer Word Search • Discussion Questions: What do you love about summer? How did you cool off in the summer: beach? lake? public swimming pool? fire hydrant in the city? What sounds and smells remind you of summer? What was the best summer vacation you took as a kid? Did you ever attend summer camp? What did your bathing suit look like as a teen? Did you ever have a summer job? Did you have ever a summer fling? What foods do you like to eat in the summer: watermelon? tomato and onion salad? fresh corn? berries? iced tea? What is your best summer childhood memory? |

HELPFUL HINTS FOR THE CAREGIVER

Get the most out of each week's activities with helpful hints and tips below.

TIP 1

The clickable dark bullets are links for learning, story time, music, recipes, crafts, and activities. If you aren't clicking these links, you are missing out!

- 1) Go to our website at www.alwaysanangelhomecare.com
- 2) Click **A MOMENT IN TIME** and scroll down to Activity Calendars to select the current month.
- 3) From there, click the links under each week's activities.
- 4) Learn, read, sing, cook, make, do!



TIP 3

It's easier for your client to see the clickable links on an iPad rather than a cell phone. If your client doesn't have an iPad, talk with the office or family directly about getting one. A desktop or laptop computer works well too.

Visit the clickable links yourself first. Determine what is appropriate for your client.

TIP 2

TIP 4

FOR THE VISUALLY IMPAIRED – difficulty seeing

If your client can't see the reading material, read it to them.

Word Searches: Forget about the word search and lead a discussion about the words in the box:

- What does that word mean? Can you define it?
- Is it a noun, verb, adjective or adverb?
- How does that word relate to the topic?
- What other thoughts come to mind when you hear that word?

Crossword Puzzles, Birthdays Trivia, and Other Word Games: You ask the questions and write in your client's answers.

FOR THE HEARING IMPAIRED
– difficulty hearing

Many of the clickable links can be read. Encourage your client to read the material. Other links are very visual with few words. If needed, pause the video to allow your client to finish reading the text.

TIP 5

TIP 6

Check out the other 24 activities online:

Mind, Body, Soul, 100 Questions, All About Me, Art 101, Bible Stories, Coloring, Count Your Blessings, For Men Only, Games Galore, Household Chores, It's Your Party, Just Breathe, Knit Happens, Let It Snow, Memory Lane – 1950s, Car Games, Reading, Sensory Therapy, Sing-Alongs, The Great Outdoors, Virtual Visits, Wanna Be A Wise Guy

