







A MOMENT IN TIME: LET'S LEARN, LAUGH, PLAY AND PRAY!TM

ACTIVITY CALENDAR FOR SEPTEMBER

WEEK	THEME OF THE WEEK	SUGGESTED ACTIVITIES
1	 <p>Labor Day</p>	<ul style="list-style-type: none"> • History of Labor Day • It's Been a Hard Day's Night and I've Been Working like a Dog! Word Search • Guess That Job! • Obsolete Occupations Trivia...Jobs of Yesteryear! • Discussion Questions: What did you do before retirement? Do you know anyone who worked in a factory? What was your first job? What was your hourly wage there? What did your parents and grandparents do for a living? How did you celebrate Labor Day?
2	 <p>Grandparents' Day • Sept 12</p>	<ul style="list-style-type: none"> • Listen to Official Song of Grandparents' Day • What's in a Name? and Interesting Facts About Grandparenting • How to make family tree • Make a family tree of names or family photos • Discussion Questions: What do you remember about your grandparents? How did they influence your life? How often would you see them? What activities would you do with them? How many grandchildren/great grandchildren do you have? What do you think is special about each of them? What is your favorite activity to do with them?
3	 <p>Talk Like a Pirate Day Sept 19</p>	<ul style="list-style-type: none"> • Ahoy Matey! Word Search • Talk Like A Pirate Day Quiz • Make Pirate Craft • Select a pirate movie from this list of over 300 pirate movies! Suggested movie titles are: <i>Hook; Treasure Island; Swiss Family Robinson</i>. Explore the links further researching each movie's background, summary, characters, and theme.
4	   <p>Fall Apple Picking</p> <p>Rosh Hashanah (Jewish New Year) and Yom Kippur (Day of Atonement) Fall between early Sept and early Oct</p>	<ul style="list-style-type: none"> • 15 Reasons Why Apples are Incredibly Good for Your Health • Make Applesauce - How to Make Applesauce • An Apple A Day Keeps The Doctor Away! Word Unscramble • How Do You Like Them Apples? Word Search • Make Apple Craft • Go Apple Picking • Discussion Questions: What is your favorite type of apple? How do you like to eat an apple: with skin or peeled? whole or cut up? plain or with a dip? What dishes have you made using apples? Have you ever gone apple picking? What's your favorite part of the activity: picking apples? corn maze? eating apple cider donuts? • The High Holy Days - How they are observed with prayers and customs • Listen to the Powerful Sound of the Shofar • Make and send Happy New Year Cards • Dip apples and challah bread in honey for the new year. "May it be Your will to renew for us a good and sweet year."

HELPFUL HINTS FOR THE CAREGIVER

Get the most out of each week's activities with helpful hints and tips below.

TIP 1

The clickable dark bullets are links for learning, story time, music, recipes, crafts, and activities. If you aren't clicking these links, you are missing out!

- 1) Go to our website at www.alwaysanangelhomecare.com
- 2) Click **A MOMENT IN TIME** and scroll down to Activity Calendars to select the current month.
- 3) From there, click the links under each week's activities.
- 4) Learn, read, sing, cook, make, do!



TIP 3

It's easier for your client to see the clickable links on an iPad rather than a cell phone. If your client doesn't have an iPad, talk with the office or family directly about getting one. A desktop or laptop computer works well too.

Visit the clickable links yourself first. Determine what is appropriate for your client.

TIP 2

TIP 4

FOR THE VISUALLY IMPAIRED – difficulty seeing

If your client can't see the reading material, read it to them.

Word Searches: Forget about the word search and lead a discussion about the words in the box:

- What does that word mean? Can you define it?
- Is it a noun, verb, adjective or adverb?
- How does that word relate to the topic?
- What other thoughts come to mind when you hear that word?

Crossword Puzzles, Birthdays Trivia, and Other Word Games: You ask the questions and write in your client's answers.

FOR THE HEARING IMPAIRED
– difficulty hearing

Many of the clickable links can be read. Encourage your client to read the material. Other links are very visual with few words. If needed, pause the video to allow your client to finish reading the text.

TIP 5

TIP 6

Check out the other 24 activities online:

Mind, Body, Soul, 100 Questions, All About Me, Art 101, Bible Stories, Coloring, Count Your Blessings, For Men Only, Games Galore, Household Chores, It's Your Party, Just Breathe, Knit Happens, Let It Snow, Memory Lane – 1950s, Car Games, Reading, Sensory Therapy, Sing-Alongs, The Great Outdoors, Virtual Visits, Wanna Be A Wise Guy

