






A MOMENT IN TIME: LET'S LEARN, LAUGH, PLAY AND PRAY!TM ACTIVITY CALENDAR FOR APRIL

WEEK	THEME OF THE WEEK	SUGGESTED ACTIVITIES
1	 <p>April Fools' Day, April 1</p>	<ul style="list-style-type: none"> • History of April Fool's Day • Wear your "something funny" when seated and laugh together. • Read 45+ Jokes for Seniors
2	 <p>National Pet Day, April 11</p>	<ul style="list-style-type: none"> • National Pet Day Word Search • Visit a pet store or dog park * Buy a special something for your pet • Donate to a local animal shelter - money or old blankets • If you have a pet, take a fun photo of your pet and send to the office to make us smile! • Watch a movie about animals: <i>Homeward Bound</i>; <i>A Dog's Journey</i>; <i>Marley and Me</i>; <i>Beethoven</i>; <i>Lassie</i>; <i>101 Dalmatians</i>, <i>Free Willy</i> • Discussion Questions: Did you have a pet(s) growing up? Tell me about it: what kind of animal? their name? how did you care for it? funniest thing it ever did? special quality you liked best? What else can you share about your pet?
3	 <p>Passover</p> <p>Happy Easter</p> <p>Fall between March and April</p>	<ul style="list-style-type: none"> • History of Passover * Passover Word Search • Learn about a Passover Seder Meal • He is Risen Word Search * The Easter Story • Easter Eggs-Stravaganza Word Search • How to Dye Easter Eggs • Make Easter craft • Discussion Questions: How did you celebrate Easter as a child: go to church? Easter Egg Hunt? fav candy in your basket? family dinner? food served? special dress or suit? new shoes? an Easter bonnet? What is your favorite Easter memory?
4	 <p>World Book Day April 23</p>	<ul style="list-style-type: none"> • Visit your local library or Barnes and Noble • Read a book together • Visit our own Reading to help you find an appropriate book if needed • Make a bookmark • Literary Terms Crossword Puzzle * Match the Book Character • Discussion Questions: What is your favorite book as a child and an adult? Tell me about your favorite character. What is your favorite part of the story? Did you go to the library? Do you remember when you got your first library card? Did you take your children to the library? Did you read to your children? Do you read now? Do you like audiobooks, Kindle ebooks, or print books?
5	 <p>Arbor Day, April 30</p>	<ul style="list-style-type: none"> • Read 31 Ways to Protect Trees • After reading the article above, discuss how you can personally save a tree. • Types of Trees Word Unscramble • A Retrospective Look at Trees - Then and Now • Nature Sensory Bag - Using your senses of sight, sound, touch and smell observe the items in the bag: what color? soft, squishy or hard? smooth or rough? small or big? do they crunch? is there a scent? can you hear it if you drop it? • Listen to The Giving Tree

HELPFUL HINTS FOR THE CAREGIVER

Get the most out of each week's activities with helpful hints and tips below.

TIP 1

The clickable dark bullets are links for learning, story time, music, recipes, crafts, and activities. If you aren't clicking these links, you are missing out!

- 1) Go to our website at www.alwaysanangelhomecare.com
- 2) Click **A MOMENT IN TIME** and scroll down to Activity Calendars to select the current month.
- 3) From there, click the links under each week's activities.
- 4) Learn, read, sing, cook, make, do!



TIP 4

FOR THE VISUALLY IMPAIRED – difficulty seeing

If your client can't see the reading material, read it to them.

Word Searches: Forget about the word search and lead a discussion about the words in the box:

- What does that word mean? Can you define it?
- Is it a noun, verb, adjective or adverb?
- How does that word relate to the topic?
- What other thoughts come to mind when you hear that word?

Crossword Puzzles, Birthdays Trivia, and Other Word Games: You ask the questions and write in your client's answers.

It's easier for your client to see the clickable links on an iPad rather than a cell phone. If your client doesn't have an iPad, talk with the office or family directly about getting one. A desktop or laptop computer works well too.



TIP 3

Visit the clickable links yourself first. Determine what is appropriate for your client.

TIP 2

FOR THE HEARING IMPAIRED
– difficulty hearing

Many of the clickable links can be read. Encourage your client to read the material. Other links are very visual with few words. If needed, pause the video to allow your client to finish reading the text.

TIP 5

TIP 6

Check out the other 24 activities online:

Mind, Body, Soul, 100 Questions, All About Me, Art 101, Bible Stories, Coloring, Count Your Blessings, For Men Only, Games Galore, Household Chores, It's Your Party, Just Breathe, Knit Happens, Let It Snow, Memory Lane – 1950s, Car Games, Reading, Sensory Therapy, Sing-Alongs, The Great Outdoors, Virtual Visits, Wanna Be A Wise Guy

