





A MOMENT IN TIME: LET'S LEARN, LAUGH, PLAY AND PRAY!™ ACTIVITY CALENDAR FOR MAY

WEEK	THEME OF THE WEEK	SUGGESTED ACTIVITIES
1	 <p>Cinco de Mayo May 5</p>	<ul style="list-style-type: none"> • Happy Mexican Traditional Music (listen while you cook and eat) • Make something Mexican to eat • Learn how to say these 10 Common Spanish Words • 10 Common Spanish Words/Finish the Sentence • How many words can you make out of guacamole? (The answer is 156!!!) Visit our own MIND - MAKE WORDS
2	 <p>Mother's Day</p> <p>National Limerick Day May 12</p>	<ul style="list-style-type: none"> • Mother's Day Quiz • When Are You Due? • Have a special meal out or at home using fresh flowers, your special plates, teacups, etc. • Discussion Questions: What is your best memory of your mom, favorite aunt, or someone who was like a mother to you? What did you love best about being a mom? What are some of the funniest things your children ever said to you when they were growing up? If you don't have your own children, tell me about those you mothered. Did you work outside the home? How did you balance both? What advice would you give younger mothers today? • How to Write a Limerick • What is a Limerick and How to Write a Limerick - Submit to the office, we'd love to hear your limerick and laugh!
3	 <p>National Buy (or Make) a Musical Instrument Day • May 22</p>	<ul style="list-style-type: none"> • Listen to Guess the Musical Instrument • Musical Instrument Word Search • Visit our own Sing-Alongs, Make a Homemade Instrument. Minimally, use a spoon to bang on a pot to a song found in Sing-Alongs. • Discussion Questions: Do you play an instrument? How did you learn to play your instrument: private lessons? school band? What is your favorite song to play? Did you ever have a solo? Where did you play? Tell me more!
4	 <p>Memorial Day</p>	<ul style="list-style-type: none"> • History of Memorial Day • Memorial Day Parade Music Video (listen while you do the word search and craft) • Memorial Day Word Search • Make Memorial Day craft • Attend a local parade or watch on TV

HELPFUL HINTS FOR THE CAREGIVER

Get the most out of each week's activities with helpful hints and tips below.

TIP 1

The clickable dark bullets are links for learning, story time, music, recipes, crafts, and activities. If you aren't clicking these links, you are missing out!

- 1) Go to our website at www.alwaysanangelhomecare.com
- 2) Click **A MOMENT IN TIME** and scroll down to Activity Calendars to select the current month.
- 3) From there, click the links under each week's activities.
- 4) Learn, read, sing, cook, make, do!



TIP 3

Visit the clickable links yourself first. Determine what is appropriate for your client.

It's easier for your client to see the clickable links on an iPad rather than a cell phone. If your client doesn't have an iPad, talk with the office or family directly about getting one. A desktop or laptop computer works well too.

TIP 2

TIP 4

FOR THE VISUALLY IMPAIRED – difficulty seeing

If your client can't see the reading material, read it to them.

Word Searches: Forget about the word search and lead a discussion about the words in the box:

- What does that word mean? Can you define it?
- Is it a noun, verb, adjective or adverb?
- How does that word relate to the topic?
- What other thoughts come to mind when you hear that word?

Crossword Puzzles, Birthdays Trivia, and Other Word Games: You ask the questions and write in your client's answers.

FOR THE HEARING IMPAIRED
– difficulty hearing

Many of the clickable links can be read. Encourage your client to read the material. Other links are very visual with few words. If needed, pause the video to allow your client to finish reading the text.

TIP 5

TIP 6

Check out the other 24 activities online:

Mind, Body, Soul, 100 Questions, All About Me, Art 101, Bible Stories, Coloring, Count Your Blessings, For Men Only, Games Galore, Household Chores, It's Your Party, Just Breathe, Knit Happens, Let It Snow, Memory Lane – 1950s, Car Games, Reading, Sensory Therapy, Sing-Alongs, The Great Outdoors, Virtual Visits, Wanna Be A Wise Guy

